



THE UNIVERSITY OF ARIZONA

Mel & Enid Zuckerman College of Public Health

Mel and Enid Zuckerman College of Public Health University of Arizona

HPS 588 Adolescent Health

Catalog Description: Topics covered include the epidemiology of health problems, developmental issues, health services, and psychosocial influences on adolescent problem behaviors. Course materials are useful for research generation and practical application. Three seminar hours per week. (3 units)

Course Topics:

- Adolescent Development
- Forms of Violence
- Influence of Society on Adolescents
- Systems
- Identity and Transitions
- Parents
- Epidemiology of Health Behaviors
- Sexual Health
- Peers
- Unintentional injury
- Substance Use
- Weight and Body Image

Course Objectives: During this course, students will:

- Demonstrate the relevance of development within adolescent health for the design of future practice and research.
- Broaden knowledge and appreciation for the diversity among adolescents.
- Develop a thorough understanding of the leading causes of adolescent mortality and morbidity along with priority health behaviors, and to understand these within the context of the social environment.
- Strengthen conceptual and analytical thinking through critical evaluation of select literature.

Learning Outcomes (Competencies Obtained): Upon completion of this course students will be able to:

1. Describe MCH populations and provide examples of MCH programs, including Title V programs
2. Use population data to assist in determining the needs of a population for the purposes of designing programs, formulating policy, and conducting research or training
3. Clearly express the issues and services that affect MCH population groups