



Organization Name:

Young Leaders RISE Summer Academy

Organization Background:

Young Leaders RISE funded by the Santa Cruz County School Superintendent's Office is a health education program committed to serve and provide Santa Cruz County's high school students (ages 15-18 yrs.) an interactive health sciences summer academy in order to increase students' interest in health professions. The curriculum will consist of a variety of events such as recreational outdoor activities to promote exercising and healthier behaviors, seminars focusing on current public health issues, and information sessions geared towards how to succeed in school.

In addition, Young Leaders RISE plans to encourage increasing and improving students' exercising habits. Most, if not all, cities in Santa Cruz County lack bike routes, natural hiking paths, and affordable exercising facilities for their youth that are in good conditions. The program is planning creative activities where students will be able to realize that they can exercise on their own, despite the lack of facilities, by doing activities that they enjoy, and find themselves more energized throughout the day.

Internship Project Title

Young Leaders RISE Seminar Leader

Project Description:

Young Leaders RISE will be a 5 day event (7/22-7/26), targeting Nogales, Rio Rico, Pierson Vocational, Patagonia Union, and Pinnacle Charter High School both male and females that are incoming sophomores, juniors and seniors. There will be eight seminars, each focusing on one aspect of public health. Students will pick which four are of interest to them and will attend two seminars each day—2 seminars Monday and Tuesday and the next two seminars the following two days. Each seminar will be unique and will be tailored to interact with the students rather than having just a common lecture. The layout of the classrooms

will be roughly 10 students per seminar. Each day will begin and end with a physical activity. The afternoon session will also focus on informing students about college, scholarships, loans, and overall how to plan for the future.

Young leaders rise is confident to see a positive impact in the student's lives by encouraging healthy exercise habits and an increased interest in health professions.

Last year 87% of participants said the program had influenced them in considering a public health career and 97% said they would recommend this program to their friends. We are hoping that this year we can bring the program back better than the first time!

Applicable to students interning for 3-6 credits: Seminar leaders will began planning for this summer academy starting May 13 to be ready by the time the summer academy begins. Students will be working 25-30 a week and during the week of the summer academy 70 hours.

Applicable to students only volunteering: We can work based on your availability. Although, full commitment during the month of July is required.

Internship project keywords (check all that apply). These keywords help students search for internships in our database based on their areas of interest:

- | | |
|--|---|
| ☒ Health Disparities | ☒ Maternal/Infant Health |
| ☒ Public Health Preparedness | ☒ Tobacco Use |
| ☒ Collaborations with Community | ☒ Injury/Violence Prevention |
| ☒ Collaborations with University | ☐ Immunization |
| ☐ Community health service | ☒ Infectious Disease |
| ☒ Physical Activity | ☐ Oral Health |
| ☒ Substance Abuse | ☐ Evaluation |
| ☒ Mental Health | ☐ Policy Development |
| ☐ Access to care | ☐ Program Planning |
| ☒ Nutrition | ☐ Data Analysis |
| ☒ Reproductive/Sexual Health | ☐ Other Click or tap here to enter text. |
| ☒ Environmental Health | |

When: When do you want the work done? Check all that apply.

- ☐ Fall Semester
- ☐ Spring Semester
- ☒ Summer Term
- ☐ I want this listing to remain active indefinitely and we will accept applications from students for any upcoming semester.
- ☒ This listing is only for a specific semester/term: Summer 2019

Where:

Organization Mailing Address: N/A

Address where Student will work (if different from above): *The week long summer academy will take place in 2021 N. Grand Ave., Nogales, AZ. 85621. All prior planning will take place at the college of Public Health.*

☐ Check here if the student may have the option to work remotely from a site not listed above for all or part of this project.

Student Characteristics:

Student must be outgoing, approachable and most importantly—must like to work with young teenagers. Young Leaders RISE is looking for motivated students that comfortable with public speaking and are willing to take the lead on projects. The student must creatively put together their own lesson plan to teach the students.

Students applying must have a GPA of 3.0 and above and should have taken at least 4 public health classes already.

Students MUST be able to go to Nogales, Az. for 1 week. (July 21- July 27).

Level of Expertise Needed: *Do you wish to request an MPH program intern or an undergraduate public health program intern? Note: The field-based internship for undergraduates should provide an experience that allows students to incorporate classroom learning into public health practice. Graduate student internships differ as the students should be required to apply advanced knowledge and skills to the solution of health problems. Both experiences prepare students for future employment.*

☐ MPH

☐ Undergraduate

☒ Either

Supervision

Project Director and Supervisor of Seminar Leaders: Lidielisa Esquivel

Lidielisa Esquivel obtained her B.S. in Public Health May 2017 and will be graduating in May 2019 with her MPH in Epidemiology.

Compensation/Benefits

Seminar Leaders will be going to Nogales, Az. for one week (July 21- July 27). All hotel, travel, and food expenses for the seminar leaders will be covered by the Santa Cruz County School Superintendent's office.

Application Contact Information

Undergraduate/MPH students that are interested in applying and becoming seminar leaders should email Lidielisa Esquivel @ lidiel9esquivel@email.arizona.edu by Sunday April 21, 2019 at midnight.

Please send your resume and a cover letter explaining why you would be a great seminar leader—what qualities do you possess that will make this program successful. Also, in the cover letter please state what public health topic you would like to teach and how you plan to teach it so that students become interested (other than just lecturing). In the cover letter please state if you are available to travel to Nogales, Az. for 1 week (July 21- July 27, 2019).

Cover letter must be no more than one page in length