



COMMUNITY FOOD BANK OF SOUTHERN ARIZONA

Organization Name:

Community Food Bank of Southern Arizona

Organization Background:

The Community Food Bank of Southern Arizona (CFB) responds to the root causes of hunger and seeks to restore dignity, health, opportunity and hope to people living in poverty. Our mission is to change lives in the communities we serve by feeding the hungry today, and building a healthy, hunger-free tomorrow.

In 1975, the advocacy organization Food Action Coalition of Tucson became the Community Food Bank of Southern Arizona. The following year, the CFB officially opened its doors in Tucson, distributing 10,533 food boxes and educating people about food stamp benefits (now called SNAP).

Forty years later, we have grown from one facility in Tucson to 7 locations providing services across the 5 counties of southern Arizona. In partnership with over 300 local agencies, we distribute 65,000 meals daily and serve 190,000 people every year. True to our advocacy roots, we have become a national leader in the food security movement. Through nutrition education, civic engagement, food business development and public policy advocacy, we are responding to the root causes of hunger and poverty and leading the way to a healthy, hunger-free community. (www.communityfoodbank.org)

Internship Project Title

Project Specialist(s) - Design and Evaluation of Specialty Food Boxes

Project Description:

The Community Food Bank of Southern Arizona hands out almost half a million food boxes each year. As CFB embraces health as part of its mission, it is seeking to improve the nutritional quality of its food box in meaningful ways. While we know a fair amount about the food we distribute, we know very little about how our clients think about and use our food. We would like to change that.

Working with the Health Initiatives team and in conjunction with various departments at CFB, the Project Specialist(s), will drive the efforts from start to finish to design, survey, implement and evaluate two types of client-informed specialty food boxes; one working with CFB clients participating in our Double Up SNAP benefits program at our Farmers' Markets and the other working with clients around produce-laden food boxes. Project specialist(s) must have empathy and compassion and a background or strong interest in nutrition, health promotion, survey design, data collection (qualitative or quantitative) or evaluation.

Expected outcomes of the project include nutritional analysis of created food boxes and workshopping culturally-relevant food and recipes and providing informative client feedback including:

- an analysis/report of how clients use and engage with our food, based on client interaction; and
- a recommended set of resources (recipes, health/nutrition information) useful to clients at their home

Internship project keywords (check all that apply). These keywords help students search for internships in our database based on their areas of interest:

- | | |
|--|---|
| ☐ Health Disparities | ☐ Tobacco Use |
| ☒ Public Health Preparedness | ☐ Injury/Violence Prevention |
| ☒ Collaborations with Community | ☐ Immunization |
| ☒ Collaborations with University | ☐ Infectious Disease |
| ☒ Community health service | ☐ Oral Health |
| ☒ Physical Activity | ☒ Evaluation |
| ☒ Substance Abuse | ☐ Policy Development |
| ☒ Mental Health | ☒ Program Planning |
| ☒ Access to care | ☒ Data Analysis |
| ☒ Nutrition | ☐ Other Click or tap here to enter text. |
| ☒ Reproductive/Sexual Health | |
| ☒ Environmental Health | |
| ☒ Maternal/Infant Health | |

When: When do you want the work done? Check all that apply.

- ☐ Fall Semester 2017
- ☒ Spring Semester 2018
- ☐ Summer 2018
- ☐ I want this listing to remain active indefinitely and we will accept applications from students for any upcoming semester.

Where:

Organization Mailing Address: 3003 S. Country Club Road, Tucson, AZ 85713

Address where Student will work (if different from above): [Click or tap here to enter text.](#)

☐ Check here if the student may have the option to work remotely from a site not listed above for all or part of this project.

Student Characteristics:

This project is a good fit for students who are highly organized, detail-oriented, self-starters, equally comfortable working individually and in a team environment, and at ease conversing with others.

An interest in or knowledge of nutritional analysis is an asset and Spanish-speaking skills are a plus.

Level of Expertise Needed:

☐ MPH

☒ Undergraduate

☒ Either

Supervision

Rhonda Gonzalez, MSPH

Health & Nutrition Programs Manager

Compensation/Benefits

The above description is a rough outline of the project. Depending on the scope of the project that ends up being agreed upon and available resources, a stipend may be available.

Application Contact Information

Interested students should send letter of interest and résumé via email (or mail) to:

Rhonda Gonzalez

Health & Nutrition Programs Manager

Community Food Bank of Southern Arizona

Email: rgonzalez@communityfoodbank.org or

3003 S. Country Club Road

Tucson, AZ 85713