



Organization Name:

P1Kids

Organization Background:

What is P1Kids?

P1Kids is a culturally competent Health and Wellness Education Program designed to reduce health disparities in minority communities and low-income families. By engaging children in fun activities that teach healthy lifestyle choices, P1Kids increases their knowledge, and improves their attitudes, and behaviors about health and wellness.

P1Kids Mission

- ❖ *Changing one school community at a time by taking responsibility for the mental and physical health of our students.*

P1Kids Overall Goals

- ❖ *Promote the adaption of regular physical activity into the lives of elementary and middle school children.*
- ❖ *Reduce long term health care cost and improve quality of life.*
- ❖ *To help reduce the frequency of obesity and diabetes among minorities*
- ❖ *Utilize exercise to succeed in the classroom*
- ❖ *Educate students and parents about healthy eating habits*

Internship Project Title

Team Coach and Team Ambassador

Project Description:

Internship Projects and Responsibilities:

- *Deliver P1Kids Educational and Physical Activity Curriculum at assigned school site (twice/week), along with conducting administrative hours at the office.*
- *Lead a group of 10 – 30 kids during the P1Kids after school classes*

- *Develop positive relationships with P1Kids staff, coaches/interns, elementary school staff, participants, and parents*
- *Data entry and data analysis*
- *Conduct pre-designed health and fitness assessments on P1Kids participants*
- *Curriculum review and development*
- *Event planning*
- *Social media marketing and management*
- *Take primary responsibility for the health, well-being and happiness of P1Kids participants*
- *Ensures attendance records, program reports (i.e. disciplinary), and other required administrative procedures are completed*
- *Attend monthly P1Kids Trainings/staff meetings and events as required.*
- *Become a substitute coach for a different school site when needed.*
- *Ability to work without direct supervision but can take initiative when necessary*

Internship project keywords (check all that apply).

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| ☒ Health Disparities | ☐ Injury/Violence Prevention |
| ☐ Public Health Preparedness | ☐ Immunization |
| ☒ Collaborations with Community | ☐ Infectious Disease |
| ☐ Collaborations with University | ☐ Oral Health |
| ☒ Community health service | ☐ Evaluation |
| ☒ Physical Activity | ☐ Policy Development |
| ☐ Substance Abuse | ☒ Program Planning |
| ☒ Mental Health | ☒ Data Analysis |
| ☐ Access to care | ☒ Other Health Promotion, Quality of Life, Obesity and Diabetes prevention, Chronic Disease Prevention, Health and Wellness |
| ☒ Nutrition | |
| ☐ Reproductive/Sexual Health | |
| ☐ Environmental Health | |
| ☐ Maternal/Infant Health | |
| ☐ Tobacco Use | |

When: *When do you want the work done? Check all that apply.*

- ☒ I want this listing to remain active indefinitely and we will accept applications from students for any upcoming semester.

Where:

Organization Mailing Address: 29 W Thomas Rd. suite 201, Phoenix AZ 85013
 Address where Student will work (if different from above): 29 W Thomas Rd. suite 201, Phoenix AZ 85013 and off site school locations that are to be determined.

- ☒ Check here if the student may have the option to work remotely from a site not listed above for all or part of this project.

Student Characteristics:

- ❖ Seeking a degree in the fields of Education, Nutrition, Health Promotion and/or Health and Wellness.
- ❖ An enthusiastic personality with a passion for giving back to the community.
- ❖ Results-oriented professional with a positive outlook and a commitment to great quality work.
- ❖ Reliable, determined and organized character with effective planning skills.
- ❖ Mature, credible and comfortable working with adults and children of different ages.
- ❖ Moderate schedule flexibility to meet the course credit requirements and to be part of the coaching team for P1Kids.
- ❖ Ability to communicate effectively (Bilingual English/Spanish is a plus but NOT required).
- ❖ Experience in effectively managing a group of children is a plus but NOT required.

Supervision

Site Supervisor Title: Program Manager

Site Supervisor Name: Adora Saieed

Site Supervisor Academic background: Kinesiology Graduate

Site Supervisor Experience: 3 years of working with P1Kids as a coach, an intern, and a Program Manager.

Compensation/Benefits

- *A stipend will be presented to each P1Kids intern. The amount will be based on the number of curriculum credit hours the intern is signed up for.*
- *All interns have access to a letter of recommendation from state legislature Senator Robert Meza upon completing their internship hours.*

Application Contact Information

To apply for an internship with P1Kids, you can either email your resume and cover letter to intern@p1kids.com or you can visit our website at <http://www.p1kids.com/intern-with-us-1.html> and fill out the form to receive an application by email.

For further questions email adora@p1kids.com .