



THE UNIVERSITY OF ARIZONA

## Mel & Enid Zuckerman College of Public Health

### Organization Name

Community Food Bank of Southern Arizona

### Level of Expertise Needed

Undergraduate public health program intern

### Internship Project Title

School Pantry Health Education Project

### Project Description

The School Pantry is a program of the Child Nutrition Programs at the Community Food Bank of Southern Arizona. We currently have 9 school pantries that serve low-income families at schools throughout the Tucson community. In addition to providing food, we also provide cooking demonstrations and distribute recipes so that families can see how to prepare foods they pick up in the pantry and taste the finished recipe.

Tasks include: working with the Child Nutrition Education Coordinator to develop recipes based on School Pantry foods and produce available; performing cooking demonstrations at three designated school pantry sites. This includes: set up, preparation of recipe/food, passing out recipes and samples, answering questions, and clean up/tear down; connecting our school contact with external community organizations who provide nutrition services; assessing capacity to expand nutrition services at school pantry sites.

### Student Characteristics

- Passionate about children, families, and nutrition.
- Possess a good understanding of nutrition and cooking skills.
- Detail-oriented.
- An organized, self-starter with the ability to work independently.
- Bilingual in English and Spanish.
- Excellent, demonstrated oral and written communication skills.
- Have a reliable source of transportation

### Organization Background

The Community Food Bank of Southern Arizona was established over 40 years ago. We serve Cochise, Graham, Greenlee, Pima, and Santa Cruz counties. In total, we have over 100 employees across southern Arizona and we work with over 250 partners, with the goal of feeding the hungry today and build a healthy, hunger-free tomorrow. The Child Nutrition Programs, where this position will be based provides our community with healthy food via the Afterschool Meal and Snack Program, the Backpack program, and the School Pantry Program. Within each of these programs nutrition education is added to provide a more holistic program for children and families.

### Where

The internship project will be located at the Community Food Bank and our partner School Pantry's in the Tucson area.

### When

School Pantry distributions happen during the school year. We are looking for someone to start as soon as August, 2017 and go through December, 2017.

### Supervision

Jessi Sheava, Child Nutrition Education Coordinator will be supervising the intern directly. Linda Kraemer, Child Nutrition Program Coordinator oversees all Child Nutrition Programs.

Jessi Sheava has worked at the Community Food Bank of Southern Arizona for 3 years as the Child Nutrition Education Coordinator. Her experience in child nutrition began in 2012, when she became an AmeriCorps VISTA with the Montana No Kid Hungry Campaign. She served there for 2 years providing nutrition education and helping to expand programs feeding hungry children in Montana. She has a BS degree in Human Development and Health from Warner Pacific College and is currently working on a second degree in Nutritional Sciences from the University of Arizona.

### Intern Title

School Pantry Health Educator

### Compensation/Benefits

This is an unpaid internship.

### Application Contact Information

Please apply by sending an email of interest and your resume to:  
Jessi Sheava - [jsheava@communityfoodbank.org](mailto:jsheava@communityfoodbank.org).