



THE UNIVERSITY OF ARIZONA
MEL & ENID ZUCKERMAN COLLEGE OF PUBLIC HEALTH

Zuckerman Family Center for Prevention and Health Promotion

Organization Name:

University of Arizona Zuckerman Family Center for Prevention and Health Promotion
3950 S. Country Club, Tucson, AZ 85714

Internship Site:

Lapan College and Career Club, in South Tucson - 3407 S 9th Ave, Tucson, AZ 85713

Organization Background:

The mission of the [Zuckerman Family Center for Prevention and Health Promotion](#) is to impact the health and wellbeing of the Tucson community through education, training, research, and outreach. Our center's programs focus on the health and wellness of elementary, middle, and high school students, as well as adults. Most recently, we have formed a dynamic partnership with the [Lapan College and Career Club](#). While the Zuckerman Center promotes community wellness, the Lapan Club empowers underserved students through scholarships, mentorship, and resources. Together, we aim to support middle and high school students' development by offering after-school psycho-social and wellness education that fosters their overall growth.

Internship Project Title

Health Promotion Intern

Project & Internship Description:

Interns will have the opportunity to improve their skills in curriculum facilitation (public speaking), curriculum development, leadership and mentorship, health communication, conflict resolution, and adolescent health. Interns will gain valuable experiences in collaborating with community partners for wellness initiatives, including health promotion outreach, program

planning, implementation, and evaluation, while gaining insight into health equity and helping create infrastructure that support wellness in schools, homes, and communities.

Health Promotion Intern will:

- Attend Lapan after-school programing at least once a week Monday-Thursday afternoons, from 2-6 pm at Lapan College and Career Club in South Tucson.
- Provide mentorship to younger students (elementary to high school aged).
- Take initiative when preparing for activities, events, projects, etc. We expect students to be creative, adaptable, and patient as these programs evolve from year to year.
- Meet with the Program Director weekly to de-brief and prepare for the upcoming week.

Onboarding –

- Prior to on-site work, Health Promotion Interns will receive training in the Nurtured Heart Approach and classroom facilitation techniques. As Health Promotion Interns will be working directly with minors, they will receive mandated reporting training and undergo a Fingerprint Clearance Card background check process with the AZ Department of Public Safety, which will be compensated by U of A.
- Health Promotion Interns will receive an orientation at the Lapan College and Career Club, where they'll meet the staff and receive further training.

Most importantly, students must enjoy working with adolescents and be comfortable with leadership and speaking opportunities, especially about abstract or sensitive topics!

Internship project keywords (check all that apply).

☒ Health Disparities	☒ Reproductive/Sexual Health
☐ Public Health Preparedness	☒ Environmental Health
☒ Collaborations with Community	☐ Maternal/Infant Health
☒ Collaborations with University	☐ Tobacco Use
☒ Community health service	☐ Injury/violence Prevention
☒ Physical Activity	☐ Immunization
☐ Substance Abuse	☐ Infectious Disease
☒ Mental Health	☐ Oral Health
☐ Access to care	☒ Evaluation
☒ Nutrition	☐ Policy Development
	☒ Program Planning
	☐ Data Analysis

When:

- ☒Fall Semester
- ☒Spring Semester
- ☐Summer Term

MUST be available for the full academic year.

6-unit internships: 3 units in Fall and 3 units in Spring for full academic year

Student Characteristics:

- Leadership Ability
- Patience
- Adaptability and Flexibility
- Interpersonal skills
- Takes initiative
- Organizational Skills
- Creative and Engaging
- Works well independently and in a team
- Interest in adolescent health, prevention, health education, health promotion (public health)
- Bilingual (English/Spanish) abilities are a plus

Level of Expertise Needed:

We are looking for both graduate and undergraduate student interns.

Supervision

Elsa Loya, MPH, Senior Health Educator (Program Director), with over 6 years of experience mentoring undergraduate students.

Compensation/Benefits/Professional Development

Compensation:

- No stipend available. Can receive course credit.

Benefits:

- Fingerprinting clearance card (payment covered)
- Nurtured Heart Training (can add to resume)
- Experience working in the Tucson community
- Build on practical public health skills
- Opportunity for Frank Marcus Scholarship
- Opportunity to practice Spanish

Application Contact Information & Interview Process

- Please submit a cover letter and resume to Sr. Health Educator, Elsa Loya at eloya1@arizona.edu. Internship applicants will be interviewed by Elsa.
- For additional questions about the process, please feel free to contact Elsa Loya at eloya1@arizona.edu or 520-621-0767.