



2205 S. 4th Avenue, South Tucson · 520.621.0476 · www.TheGardenKitchen.org · GardenKitchenTucson@gmail.com

Public Health Undergraduate Internship – Spring 2017

Emphasis: Community Gardening and Nutrition Education

Goal: Gain experience in community nutrition education to SNAP participants.

Objectives:

1. Learn to plan and implement nutrition education lesson plans intended for low-income community members at Early Childhood Education and adult sites, guided by the USDA health/nutrition recommendations.
2. Learn to deliver informative and interactive community nutrition lessons using evidence-based curricula.
3. Learn to plan and implement gardening education intended for low-income community members at Early Childhood Education and adult sites, guided by Arizona Nutrition Network requirements.
4. Develop basic culinary skills in the context of food demonstrations and operating in a facility with a commercial kitchen.
5. Develop community outreach skills to promote The Garden Kitchen (TGK) programming within Pima County at new and existing partnering organizations.

Schedule:

TBD by January 1st

- Hannah will complete 125 in Spring 2017 to complete internship requirements
 - o 2-3 days of the week

Assigned Sites:

TBD by January 1st

Activities:

Per Objective 1.

- Study approved evidence-based curricula and use this to deliver nutrition education in the community alongside staff from The Garden Kitchen.
- Apply relevant course work to improve the quality and effectiveness of nutrition education lessons, where applicable.
- Become familiar with TKG's recipes and their connection to USDA health messages.
- Supplement current nutrition programming at partnering sites through innovative lessons and events.

Per Objective 2.

- Attend TKG orientation on community education best practices. *[Training dates will be announced before the first of the year.]*
- Observe seasoned community nutrition educators as they prepare and deliver lessons.
- Support TKG staff in the preparation, planning, and implementation of nutrition education lessons at partnering sites.
- Teach nutrition lessons under supervision of TKG staff. Staff will provide ongoing feedback and support to encourage professional development and growth.

Per Objective 3.

- Support TKG staff in the preparation, planning, and implementation of gardening education lessons at partnering ECE and adult sites.
- Supplement current nutrition programming at partnering sites through innovative lessons and events, alongside TKG's ECE and adult education staff.
- Engage the community in gardening and physical activity education.
- Assist TKG ECE and adult education program staff in visiting sites regularly to promote and support gardening programming in the community.
- Assist with maintenance of TKG demonstration garden.

Per Objective 4.

- Participate in the following trainings: food safety, knife skills, commercial facility protocols, and basic food demonstrations.
- Assist with food demonstrations at TKG, during TKG community events and partnering organizations.

Per Objective 5.

- Assist in the creation of outreach materials for TKG special events and nutrition or physical activity opportunities throughout Pima County.
- Conduct community outreach by promoting TKG programming among participants at partnering organizations and community events.

the garden kitchen

del jardín a la cocina

2205 S 4th Ave • South Tucson AZ 85713 • (520) 626-5161 • Fax: (520) 626-5849

VOLUNTEER APPLICATION

Name: [Click here to enter text.](#)

[Click here to enter text.](#)

First/Middle/Last

Name you use

Mailing Address: [Click here to enter text.](#)

City/State/Zip Code

Phone: [Click here to enter text.](#)

Best time to call: [Click here to enter text.](#)

Email Address: [Click here to enter text.](#)

Date of Birth: [Click here to enter text.](#)

[Click here to enter text.](#)

Place of Employment: [Click here to enter text.](#)

Position / Title [Click here to enter text.](#)

An arrest or conviction will not necessarily bar an applicant; but will be considered as it relates to specifics of the position for which you are applying.

Have you ever been arrested? Yes ☐ No ☐ If yes, please give date, location nature of offense, and disposition: _____

I understand that volunteerism is a privilege, not a right. I authorize contact of the references listed on the back and understand that information from these references or others contacted is confidential. I waive my right to review this information and give Cooperative Extension approval to check on criminal offenses. I understand that misrepresentation or omission of facts requested is cause for non-appointment or dismissal as a volunteer. I further understand that until the application process is complete, I may be denied access to clientele. If appointed, I agree to abide by the philosophies of the Pima County Cooperative Extension and to fulfill the volunteer responsibilities to the best of my ability.

Signature _____

Date _____

Parent/Guardian's Signature _____

Date _____

(If under 18 years of age, a parent/guardian signature is required)



THE UNIVERSITY OF ARIZONA
Cooperative Extension

Why are you interested in The Garden Kitchen? [Click here to enter text.](#)

How would volunteering with this program fit in with your personal or professional goals? [Click here to enter text.](#)

Are you interested in a position as an intern with the Garden Kitchen? Yes ☐ No ☐

Do you prefer to work in (choose one or more): Food Production ☐ Community Education ☐ Garden ☐

Gardening Classes ☐ Community Outreach ☐

What is your availability for the next 4-6 months?*

Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Times	Click here to enter text.	Click here to enter text.	Click here to enter text.	Click here to enter text.	Click here to enter text.	Click here to enter text.	N/A

*We prefer to have volunteers commit a minimum of one 2-4 hour block each week.

REFERENCES: List three persons (work or academic related) who have definite knowledge of your qualifications.

Name: [Click here to enter text.](#)

Phone: [Click here to enter text.](#)

Name: [Click here to enter text.](#)

Phone: [Click here to enter text.](#)

Name: [Click here to enter text.](#)

Phone: [Click here to enter text.](#)

Education: Elementary School ☐, Middle School ☐, High School ☐, College ☐

Emergency Contact

Name _____ Phone # _____ Relationship _____

Previous volunteer or work experience (List current or most recent experience first)

Organization/Employer	Position/Major Responsibilities	Dates
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Return the application at your earliest convenience to assure prompt processing. Please contact me if you have any questions or wish further information.

Return to: Denisse Ortega Lorona
deortega@email.arizona.edu

Volunteer Coordinator
2205 S. 4th Ave
Tucson, AZ 85713

Thank You!

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(includes photo release)**

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I agree that The Arizona Board of Regents shall be the exclusive owner of all copyright and other rights in and to such taping, videos, photography and recording and will be able to use them forever and throughout the universe, and to license others to use them, in any manner and in any and all media now known or hereafter discovered or developed along with any incidental uses in connection with the merchandising and promotion of The University of Arizona and its departments, and related products.

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I hereby agree to release, defend, and hold harmless the Arizona Board of Regents, on behalf of The University of Arizona and its agents or employees, including any firm publishing and/or distributing the finished product in whole or in part, whether on paper or via electronic media, from and against any claims, damages or liability arising from or related to the use of the photographs, including but not limited to libel, false light, invasion of privacy, rights of publicity, any misuse, distortion, blurring, alteration, optical illusion or use in composite form, either intentionally or otherwise, that may occur or be produced in taking, processing, reduction or production of the finished product, its publication or distribution.

I am 18 years of age or older and I am competent to contract in my own name. I have read this release before signing below, and I fully understand the contents, meaning and impact of this release.

Event or Project Name

Date

Location

E-mail

Telephone Number

Name (please print)

Signature

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