



Organization Name:
Tucson Medical Center

Organization Background:

Tucson Medical Center has been Tucson's locally governed nonprofit regional hospital for more than 75 years. Our mission is to provide exceptional healthcare with compassion, and we take pride in our programming to encourage both employee and community well-being. The TMC Wellness Department provides education and events around health awareness, lifestyle programming, employee engagement, and injury prevention in the community. URL: [About TMC Tucson, Arizona \(AZ\), Tucson Medical Center \(tmcaz.com\)](http://tmcaz.com)

Internship Project Title

Employee and Community Wellness Program Specialist

Project Description:

Working closely with the Employee Wellness Program Manager and the Community Outreach Program Manager, candidates will assist in planning and implementing various educational campaigns and employee and community events that promote workplace wellness, healthcare employee engagement, and community safety initiatives. Work will happen both on the TMC campus and out in the community, with some planning processes approved as remote work.

Internship project keywords (check all that apply).

- | | |
|---|---|
| ☐ Health Disparities | ☐ Maternal/Infant Health |
| ☐ Public Health Preparedness | ☐ Tobacco Use |
| ☒ Collaborations with Community | ☒ Injury/Violence Prevention |
| ☐ Collaborations with University | ☐ Immunization |
| ☒ Community health service | ☐ Infectious Disease |
| ☒ Physical Activity | ☐ Oral Health |
| ☐ Substance Abuse | ☐ Evaluation |
| ☒ Mental Health | ☐ Policy Development |
| ☐ Access to care | ☒ Program Planning |
| ☒ Nutrition | ☐ Data Analysis |
| ☐ Reproductive/Sexual Health | ☐ Other Click or tap here to enter text. |
| ☐ Environmental Health | |

When: When do you want the work done? Check all that apply.

- ☒ Fall Semester
☒ Spring Semester
☒ Summer Term

☒ I want this listing to remain active indefinitely and we will accept applications from students for any upcoming semester.

☐ This listing is only for a specific semester/term: _____

Where:

Organization Mailing Address: 5301 E Grant Rd, Tucson AZ 85712

Address where Student will work (if different from above): same

☒ Check here if the student may have the option to work remotely from a site not listed above for all or part of this project.

Student Characteristics:

The ideal candidate will be personable, creative, insightful, outgoing, self-motivated, and comfortable with public speaking. Event planning experience is a plus. Evening and weekend availability is also helpful.

Level of Expertise Needed: Do you wish to request an MPH program intern or an undergraduate public health program intern?

Undergraduate: The internship for undergraduates should provide an experience that allows students to incorporate classroom learning into public health practice.

Graduate: Applied experiences for graduate students should require application of advanced knowledge and skills to the solution of health problems and the production of at least two agency-based deliverables.

Both experiences prepare students for future employment.

☐ MPH

☒ Undergraduate

☐ Either

Supervision

Beth Gilbert, Program Coordinator, Wellness

Beth.Gilbert@tmcaz.com

Mary Mellady, RD, MHA – Director of Wellness

Mary.Mellady@tmcaz.com

Compensation/Benefits/Professional Development

N/A

Application Contact Information

Interested students should email Beth Gilbert with an attached resume