

School Wellness Programs & Events Internship Opportunity



ABOUT THE BE THE BE KIND PEOPLE PROJECT® (BKPP)

BKPP is a 501 (c) 3 non-profit focused on initiating positive social change in elementary and middle schools by promoting kind and healthy lifestyles. Our mission is to improve the learning environment by supporting student success and reducing unwanted behavior issues. BKPP's unique programs provide an innovative framework for youth development that integrates social, emotional, academic, and health education.



ABOUT BE FIT. BE HEALTHY. BE KIND® (BFBHBK)

BKPP is helping students make healthy lifestyle choices by introducing **Be Fit. Be Healthy. Be Kind.**® This program encourages students, teachers, and families to implement daily healthy habits, make proper nutrition choices, improve overall fitness, and encourage kind behavior.

JOB DESCRIPTION:

BKPP is looking for healthy, kind, and creative individuals to contribute to our **School Wellness Team**. The School Wellness Programs & Events Intern works directly with the National Director of School Programs and Curriculum to plan and facilitate wellness programs and events for hundreds of thousands of elementary and middle school students. The School Wellness Programs & Events Intern will gain hands-on experience in a variety of wellness programs. Interns at BKPP will have the opportunity to take ownership of a wide range of projects related to the field youth development, character education, and health promotion.

EVENTS & RESPONSIBILITIES:

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|  SCHOOL GARDENS & NUTRITION PROGRAM |  SPORTS GAMES |
|  COMMUNITY HEALTH & WELLNESS FAIRS |  HEALTHY AFTER SCHOOL PROGRAMS |
|  FAMILY ENGAGEMENT PROGRAMS |  SCHOOL HEALTH PROMOTION COMMUNICATIONS |
|  SCHOOL FITNESS CHALLENGES, EVENTS, CONTESTS & FLASH MOBS |  ONLINE HEALTH PROMOTION LESSONS |
| |  OTHER EVENTS & FUNDRAISERS |

QUALIFICATIONS:

- Educated in public health/nutrition/fitness/kinesiology/nursing
- Experience in health/wellness programming
- Proficient in Microsoft Suite (PowerPoint, Excel, Word)

DESIRED SKILLS/INTERESTS:

- Organized and detail oriented
- Health/wellness/nutrition/fitness
- School/Youth Development/Programming



BKPP offers both paid and unpaid internships based on qualifications and experience.

To apply please send your resume and cover letter to opportunities@bkpp.org.