



Organization Name:

Nosotros Comprometidos a Su Salud - Committed to Your Health

Organization Background:

*Tell us about your organization. When was the organization established? How are you involved in the community? Do you serve primarily one group of people? How will this project affect your organization? Include organization website URL here if applicable.*

Nosotros Comprometidos a Su Salud (Committed to Your Health) is a program within the Mel and Enid Zuckerman College of Public Health developed to foster community-engaged research collaborations, service, and education to advance health equity. Our mission is to reduce health disparities faced by the Hispanic community in Southern Arizona. As part of this program, in Summer of 2018 we established The Nosotros Network, whose main goal is to increase health awareness in the community and provide a direct link to research and health initiatives designed to improve the health and well-being of our community.

Internship Project Title

**Students will have opportunities to work on The Nosotros Network: Community Outreach to Increase Awareness and Engagement in Health Disparities Research and Initiatives, and on a study focused on non-alcoholic fatty liver disease.**

Project Description:

*Describe the project fully. What is the scope of desired/expected activities? Are there any specialized skills needed or necessary to do the job? List those who will be involved (units, departments, etc). What are the expected outcomes? In addition, are there other relevant project deadlines or work schedule expectations applicants should be aware of before applying?*

The *Nosotros* Network was developed as a way to keep the community up-to-date and linked to opportunities to engage in research or other programs/events that are held by a range of community-serving institutions in Tucson. Individuals who are in the *Nosotros* Network will be made aware of these opportunities based on what they've indicated their biggest health concerns/interests are and whether or not they've expressed an interest in research. As an ongoing project, our team is always enrolling new participants through community outreach efforts. This process includes participants completing questionnaires and coming in to our offices to complete a short physical assessment and take part in a 30-minute discussion with our trained research staff to discuss their health interests and concerns more in-depth. This visit to our offices comprises the last step to complete enrollment into the *Nosotros* Network. The intern will be trained in community outreach/engagement, data collection, and completing these physical assessments (in line with standard research protocol). In addition, the intern will be responsible for

keeping up-to-date on community initiatives (e.g. classes held by clinics, free screenings, etc.) so we are able to communicate these opportunities to participants in the network. Our team at any given time is comprised of undergraduate research assistants and graduate students providing a great opportunity to foster professional relationships and mentorship. It is our expectation that this intern, by the end of the internship, be able to communicate effectively with current and potential participants (via their indicated preferred contact method), be trained on completing physical assessments, and be the go-to person on our team for knowing what programs/events/services are being offered by the community.

Internship project keywords (check all that apply). These keywords help students search for internships in our database based on their areas of interest:

- |                                                                   |                                                                                 |
|-------------------------------------------------------------------|---------------------------------------------------------------------------------|
| <input checked="" type="checkbox"/> Health Disparities            | <input type="checkbox"/> Maternal/Infant Health                                 |
| <input checked="" type="checkbox"/> Public Health Preparedness    | <input type="checkbox"/> Tobacco Use                                            |
| <input checked="" type="checkbox"/> Collaborations with Community | <input type="checkbox"/> Injury/Violence Prevention                             |
| <input type="checkbox"/> Collaborations with University           | <input type="checkbox"/> Immunization                                           |
| <input checked="" type="checkbox"/> Community health service      | <input type="checkbox"/> Infectious Disease                                     |
| <input type="checkbox"/> Physical Activity                        | <input type="checkbox"/> Oral Health                                            |
| <input type="checkbox"/> Substance Abuse                          | <input type="checkbox"/> Evaluation                                             |
| <input type="checkbox"/> Mental Health                            | <input type="checkbox"/> Policy Development                                     |
| <input checked="" type="checkbox"/> Access to care                | <input type="checkbox"/> Program Planning                                       |
| <input type="checkbox"/> Nutrition                                | <input checked="" type="checkbox"/> Data Analysis                               |
| <input type="checkbox"/> Reproductive/Sexual Health               | <input type="checkbox"/> Other <a href="#">Click or tap here to enter text.</a> |
| <input type="checkbox"/> Environmental Health                     |                                                                                 |

When: When do you want the work done? Check all that apply.

- ☐ Fall Semester
- ☐ Spring Semester
- ☒ Summer Term
- ☒ I want this listing to remain active indefinitely and we will accept applications from students for any upcoming semester.
- ☐ This listing is only for a specific semester/term: \_\_\_\_\_

Where:

Organization Mailing Address: 3950 S. Country Club Rd, Tucson, AZ 85714 (The Collaboratory for Metabolic Disease Prevention and Treatment)

Address where Student will work (if different from above): [Click or tap here to enter text.](#)

☒ Check here if the student may have the option to work remotely from a site not listed above for all or part of this project.

Student Characteristics:

*What kind of student might be a good fit for this project? For example, do you need mathematical expertise, organizational talent, a person comfortable with public speaking?*

Our team is looking for an individual who can communicate effectively and timely, is a good team player/collaborator, and possesses strong organizational skills. Additionally,

this individual should have strong work ethic and be self-motivated. Spanish speaking is preferred. The LUNA study (Liver Ultrasound & Nutrigenetic Assessment) will measure the proportion of Mexican-origin adults in Tucson, AZ who have non-alcoholic fatty liver disease (NAFLD). Staff will administer a screening form and if the individual is eligible, he/she will be coming to our offices to complete a series of questionnaires, a short physical assessment, and a cheek swab for DNA. The individual will complete a second visit where a liver ultrasound will be performed.

Level of Expertise Needed: *Do you wish to request an MPH program intern or an undergraduate public health program intern? Note: The field-based internship for undergraduates should provide an experience that allows students to incorporate classroom learning into public health practice. Graduate student internships differ as the students should be required to apply advanced knowledge and skills to the solution of health problems. Both experiences prepare students for future employment.*

☐ MPH

☐ Undergraduate

☒ Either

#### Supervision

*What is the name and title of the person will provide supervision to/of the intern? What is his/her background in terms of academic training and/or expertise in the field?*

Rosi Vogel, the Nosotros Senior Program Coordinator, will be supervising the day-to-day activities of the intern. Dr. David O. Garcia (PI) will also oversee some of the intern's day-to-day activities in addition to facilitating larger project goals. Mrs. Vogel has experience in community engagement efforts, having worked previously for the Diabetes Prevention and Education Center at Banner Hospital. Rosi holds an MBA and has experience in collaborating with private and non-profit organizations as well as foundations. She is knowledgeable of organizational practices, principles and techniques of lifestyle behavior modification, and is a certified health coach.

Dr. Garcia is an Assistant Professor in the Mel and Enid Zuckerman College of Public Health at the University of Arizona. He has have extensive experience in short and long-term intervention trials in the areas of physical activity, diet, and weight management. He received his training from leading institutions and mentors in the field. Since 2006, Dr. Garcia has worked on numerous funded research projects, including research funded by industry, National Institutes of Health (NIH) and foundations. This includes working as a lifestyle interventionist/exercise physiologist in several clinical trials with overweight and obese adults, morbidly obese adults (Class II and III obesity), and individuals with type 2 diabetes.

#### Compensation/Benefits

*Is a stipend for the work or travel available? Could student be included in publications? Please outline that information.*

There is no stipend included as part of this internship. If the student is proficient in scientific writing, it is possible they will be offered the opportunity to take part in manuscript development. If this occurs, authorship will be awarded based on their contribution (e.g. quality of writing and time committed).

Application Contact Information

*How and to whom should potential interns apply? What supporting documents are required?*

Interested people should email their resume/CV to Dr. David O. Garcia and Mrs. Rosi Vogel.