

Organization Name:

Growing Girls and Boys' Club

A partnership between the University of Arizona Mel and Enid Zuckerman College of Public Health and Estes Elementary School (Marana, AZ)

Organization Background:

The University of Arizona College of Public Health's *Growing Girls* program was designed to reduce bullying among fifth and sixth grade girls by offering a comprehensive 23-week after-school program that promotes girls' development and relationships. Drawing on Bronfenbrenner's Socioecological Theory and Bandura's Social Learning Theory, the program utilizes an evidence-based curriculum, *Go Grrrls* by LeCroy & Daley. The content was expanded to include bullying, and also includes self-image related to body image; decision making skills; friendship building skills; communication; managing thoughts and coping skills; identifying resourceful people when help is needed; media influence on girls' self-perception; and visions for the future.

During the 2017-2018 school year, a boys' psychosocial intervention, modeled after *Growing Girls*, was implemented. Mirroring the *Growing Girls* format, boys attend weekly after-school sessions where they learn about healthy friendships, gender roles, adolescent development, bullying, and self-identity. The purpose of the program is to provide 5th and 6th grade boys with information and practiced skills to aid in the transition to middle school.

Internship Project Title

Growing Girls and Boys' Club Group Leaders

Project Description:

We are requesting two male Group Leaders and two female Group Leaders to facilitate these gender-specific programs.

Female Group Leaders will be asked to facilitate provided *Growing Girls* curriculum over the course of the 2018-2019 school year (September 2018 – May 2019). Weekly lessons will take place on Mondays from 2-4 PM at Estes Elementary School. Immediately following each lesson, Group Leaders will meet with the Program Manager to de-brief and prepare for the following lesson.

Similarly, Male Group Leaders will be asked to facilitate provided *Passport to Manhood* curriculum over the course of the 2018-2019 school year (September 2018 – May 2019). Weekly lessons will take place on Mondays from 2-4 PM at Estes Elementary School. Immediately following each lesson, Group Leaders will meet with the Program Manager to de-brief and prepare for the following lesson.

Graduate-level Group Leaders will be responsible for additional program-related tasks. This could include analyzing pre- and post-surveys and developing curriculum content or evaluation materials.

Internship project keywords (check all that apply). These keywords help students search for internships in our database based on their areas of interest:

☒ Health Disparities

☐ Public Health Preparedness

- ☒ Collaborations with Community
- ☒ Collaborations with University
- ☒ Community health service
- ☒ Physical Activity
- ☐ Substance Abuse
- ☐ Mental Health
- ☒ Access to care
- ☐ Nutrition
- ☒ Reproductive/Sexual Health
- ☐ Environmental Health
- ☐ Maternal/Infant Health
- ☐ Tobacco Use

- ☐ Injury/Violence Prevention
- ☐ Immunization
- ☐ Infectious Disease
- ☐ Oral Health
- ☒ Evaluation
- ☐ Policy Development
- ☒ Program Planning
- ☐ Data Analysis
- ☒ Other Program Facilitation + Coordination

When: When do you want the work done? Check all that apply.

- ☒ Fall Semester
- ☒ Spring Semester
- ☐ Summer Term
- ☒ I want this listing to remain active indefinitely and we will accept applications from students for any upcoming semester.
- ☐ This listing is only for a specific semester/term: _____

Where:

Organization Mailing Address: 1295 N Martin Ave, Tucson, AZ 85724

Address where Student will work (if different from above): 11280 W Grier Rd, Marana, AZ 85658

☐ Check here if the student may have the option to work remotely from a site not listed above for all or part of this project.

Student Characteristics:

Students must take initiative when preparing for and leading lessons. We expect students to be creative, adaptable, and patient as these programs evolve from year to year. Most importantly, students must enjoy working with adolescents and be comfortable with weekly leadership and speaking opportunities!

Level of Expertise Needed:

- ☒ MPH
- ☒ Undergraduate
- ☐ Either

Supervision

Supervision will be provided by Lindsay Bingham, MPH (Program Manager) as well as Velia Nuño, PhD.

Compensation/Benefits

This is an unpaid internship; however, the experience will provide students with an opportunity to form community relationships and skills in health education. Carpooling will be provided to and from the school. Travel will be reimbursed.

Application Contact Information

Please email your CV or resume to lbingham@email.arizona.edu.