



THE UNIVERSITY OF ARIZONA

Mel & Enid Zuckerman College of Public Health

Organization Name:

***Canyon Ranch Center for Prevention & Health Promotion & Estes Elementary
School: Growing Girls Program***

Organization Background:

The University of Arizona College of Public Health's *Growing Girls* program was designed to reduce bullying among fifth and sixth grade girls by offering a comprehensive 23-week after-school program that promotes girls' development and relationships. Drawing on Bronfenbrenner's Socioecological Theory and Bandura's Social Learning Theory, the program utilizes an evidence-based curriculum, *Go Grrrls* by LeCroy & Daley. The content was expanded to include bullying, and also includes self-image related to body image; decision making skills; friendship building skills; communication; managing thoughts and coping skills; identifying resourceful people when help is needed; media influence on girls' self-perception; and visions for the future.

Internship Project Title

Growing Girls Group Leaders

Project Description:

We are requesting two female Group Leaders to facilitate this gender-specific program.

Female Group Leaders will be asked to facilitate provided *Growing Girls* curriculum over the course of the 2020-2021 school year (September - May). Weekly lessons will take place on Mondays from 2-4 PM at Estes Elementary School. Immediately following each lesson, Group Leaders will meet with the Program Manager to de-brief and prepare for the following lesson.

Graduate-level Group Leaders will be responsible for additional program-related tasks. This could include analyzing pre- and post-surveys and developing curriculum content or evaluation materials.

Internship project keywords (check all that apply). These keywords help students search for internships in our database based on their areas of interest:

- | | |
|--|--|
| ☒ Health Disparities | ☐ Nutrition |
| ☐ Public Health Preparedness | ☒ Reproductive/Sexual Health |
| ☒ Collaborations with Community | ☐ Environmental Health |
| ☒ Collaborations with University | ☐ Maternal/Infant Health |
| ☒ Community health service | ☐ Tobacco Use |
| ☒ Physical Activity | ☐ Injury/Violence Prevention |
| ☐ Substance Abuse | ☐ Immunization |
| ☐ Mental Health | ☐ Infectious Disease |
| ☒ Access to care | ☐ Oral Health |

- ☒ Evaluation
- ☐ Policy Development
- ☒ Program Planning
- ☐ Data Analysis

- ☒ Other Program Facilitation + Coordination

When: *When do you want the work done? Check all that apply.*

- ☒ Fall Semester
- ☒ Spring Semester
- ☐ Summer Term
- ☒ I want this listing to remain active indefinitely and we will accept applications from students for any upcoming semester.
- ☐ This listing is only for a specific semester/term: _____

Where:

Organization Mailing Address: *1295 N Martin Ave, Tucson, AZ 85724*

Address where Student will work (if different from above): *11280 W Grier Rd, Marana, AZ 85658*

- ☐ Check here if the student may have the option to work remotely from a site not listed above for all or part of this project.

Student Characteristics:

Students must take initiative when preparing for and leading lessons. We expect students to be creative, adaptable, and patient as these programs evolve from year to year. Most importantly, students must enjoy working with adolescents and be comfortable with weekly leadership and speaking opportunities!

Level of Expertise Needed:

- ☒ MPH
- ☒ Undergraduate
- ☐ Either

Supervision

Supervision will be provided by Lindsay Bingham, MPH (Program Manager).

Compensation/Benefits

This is an unpaid internship; however, the experience will provide students with an opportunity to form community relationships and skills in health education.

Application Contact Information

Please email your CV or resume to lbingham@email.arizona.edu.

For more details on the program, see [here \(https://crcphp.arizona.edu/growing-girls-0\)](https://crcphp.arizona.edu/growing-girls-0).