

Organization Name:

Wellness Council of Arizona

Organization Background:

Wellness Council of Arizona (WELCOAZ) strives to be the recognized leader and resource for worksite health promotion in Arizona. WELCOAZ collaborates with healthcare providers, community leaders, businesses and institutions to improve the health of employees and their families.

The Wellness Council received its original charter from the Department of Health and Human Services and the Health Insurance Association of America in 1985. We believed that advancing health insights, lifestyles and supportive cultures are invaluable tools in the work place.

The Wellness Council of Arizona evolved from the Wellness Council of Tucson in 2002.

Internship Project Title

Worksite Health Promotion Development and Delivery Support

Project Description:

Assist with the on-site program development for employee physical activity, nutrition, stress reduction and self-care. Assist with development of awareness campaigns, educational offerings and behavioral change incentive structures. Employers included but not limited to municipalities, school districts, fortune 500 companies, retail, free enterprise, and academic institutions.

Internship project keywords (check all that apply). These keywords help students search for internships in our database based on their areas of interest:

- | | |
|---|--|
| ☐ Health Disparities | ☐ Maternal/Infant Health |
| ☐ Public Health Preparedness | ☒ Tobacco Use |
| ☒ Collaborations with Community | ☐ Injury/Violence Prevention |
| ☐ Collaborations with University | ☐ Immunization |
| ☐ Community health service | ☐ Infectious Disease |
| ☒ Physical Activity | ☐ Oral Health |
| ☐ Substance Abuse | ☐ Evaluation |
| ☐ Mental Health | ☐ Policy Development |
| ☐ Access to care | ☒ Program Planning |
| ☒ Nutrition | ☐ Data Analysis |
| ☐ Reproductive/Sexual Health | ☒ Other Corporate Wellness |
| ☐ Environmental Health | |

When: When do you want the work done? Check all that apply.

- ☐ Fall Semester
- ☐ Spring Semester
- ☐ Summer Term
- ☒ I want this listing to remain active indefinitely and we will accept applications from students for any upcoming semester.

☐ This listing is only for a specific semester/term: _____

Where:

Organization Mailing Address: 1670 N Kolb Rd Ste 246, Tucson, AZ 85715

Address where Student will work (if different from above): *Click or tap here to enter text.*

☒ Check here if the student may have the option to work remotely from a site not listed above for all or part of this project.

Student Characteristics:

Comfortable with working with people; friendly and charismatic; comfortable with computer use

Level of Expertise Needed: *Do you wish to request an MPH program intern or an undergraduate public health program intern?*

☐ MPH

☐ Undergraduate

☒ Either

Supervision

Sarah Mincheva, Director of Operations and Dan Johnson, Executive Director. Sarah has worked for the Wellness Council of Arizona for over 5 years. Dan Johnson has been the Executive Director for the Wellness Council for over 20 years.

Compensation/Benefits

\$300.00 stipend

Application Contact Information

Please send resume to Sarah Mincheva at sarah@welcoaz.org.